

What is disc golf?

Disc golf is played much like traditional golf. Instead of a ball and clubs, however, players use flying discs, or Frisbees®. The sport was formalized in the 1970s, and shares with “ball golf” the object of completing each hole in the fewest number of strokes (or, in the case of disc golf, the fewest number of throws).

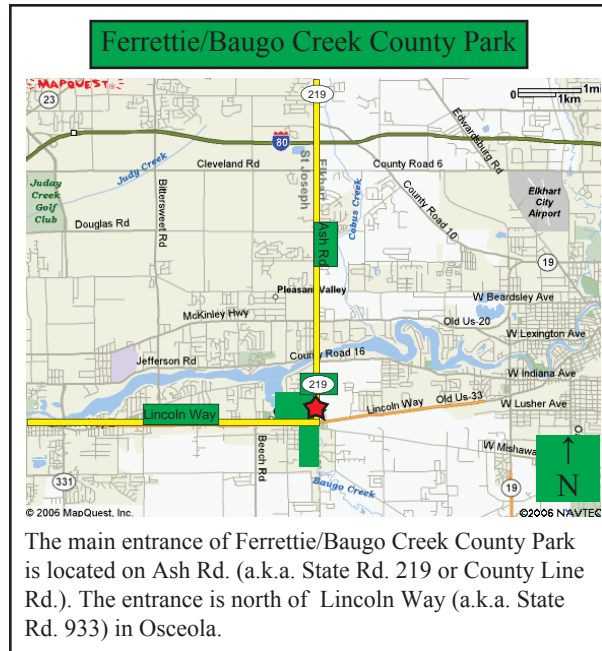
A golf disc is thrown from a tee area to a target, which is the “hole.” The hole can be one of a number of disc golf targets; the most common is called a Pole Hole®, an elevated metal basket. As a player progresses down the fairway, he or she must make each consecutive shot from the spot where the previous throw has landed. The trees, shrubs, and terrain changes located in and around the fairways provide challenging obstacles for the golfer. Finally, the “putt” lands in the basket and the hole is completed.

Disc golf shares the same joys and frustrations of traditional golf, whether it’s sinking a long putt or hitting a tree halfway down the fairway. There are a few differences, though. Disc golf offers year-round fitness, even in rain or snow. Disc golf greens fees and other expenses are minimal, it only takes an hour or two to play a round, you don’t need to rent a cart, and you never get stuck with a bad “tee time.”

Disc golf is designed to be enjoyed by people of all ages, male and female, regardless of economic status. Disc golf can be played by anyone from toddlers to senior citizens, making it the one of the greatest lifetime fitness sports available. Specially-abled and disabled participate, giving them the opportunity to take part in a mainstream activity.

Disc golf provides upper and lower body conditioning, aerobic exercise, and promotes a combination of physical and mental abilities that allow very little risk of physical injury. Concentration skills increase by mastering shots and negotiating obstacles. Players of limited fitness levels can start slowly and gradually increase their level of play as fitness improves.

Play disc golf- it’s in the air!



The main entrance of Ferrettie/Baugo Creek County Park is located on Ash Rd. (a.k.a. State Rd. 219 or County Line Rd.). The entrance is north of Lincoln Way (a.k.a. State Rd. 933) in Osceola.

St. Joseph County Parks Disc Golf For Natural Fun!



For more information about programs and activities at St. Joseph County Parks visit our website at www.sjcparks.org.



Ferrettie-Baugo Creek County Park
57057 Ash Rd.
Osceola, IN 46561
574/674-9770
www.sjcparks.org



Disc Golf

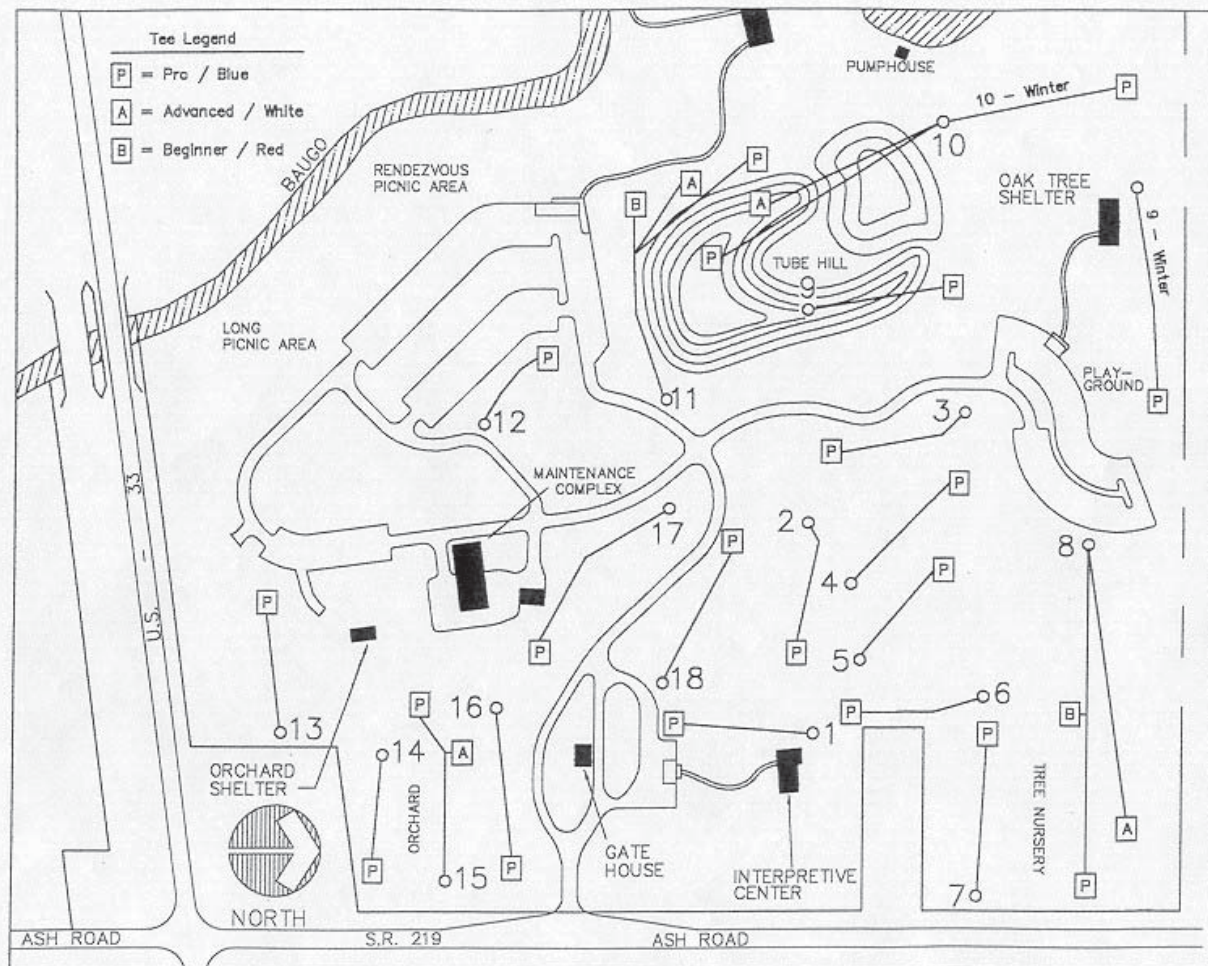
Ferrettie/Baugo Creek County Park

When: Course open year round, Pro Shop hours vary.

Time: Course open 10am - to park closing time
 (8:30pm March 15-Sept. 14)
 (5:30pm Sept. 15-March 14)

Fee: Daily pass: \$4/adult; \$3/youth (age 15 & under)
 Annual pass: \$30/adult; \$20/youth
 An additional gate entrance fee is in effect on weekends.

Bring your friends! Bring your family! See what disc golf is all about. Check out the Pro Shop for all your disc golf needs. We carry INNOVA disc golf bags and a great selection of INNOVA discs, including tie-dyed discs!



HOLE	1	2	3	4	5	6	7	8	9	OUT
Distance in feet	228	200	235	259	180	227	300	*	217	
Par Professional (Blue)	3	3	3	3	3	3	4	600-4	3	2446-29
Par Advanced (White)	3	3	3	3	3	3	4	478-4	3	2324-29
Par Beginner (Red)	3	3	4	4	3	4	5	278-4	3	2124-34

HOLE	10	11	12	13	14	15	16	17	18	IN	TOTAL
Distance in feet	*	*	150	215	175	*	280	250	260		Total
Par Professional (Blue)	452-5	438-4	3	3	3	270-4	3	3	3	2490-31	4936-60
Par Advanced (White)	355-4	318-4	3	3	3	241-4	4	4	4	2244-33	4568-62
Par Beginner (Red)	355-4	238-4	3	4	3	241-4	4	5	5	2164-36	4288-70